



THE REAL COST OF BIRTH

Hospital vs Birth Center: An Honest Comparison

Stop guessing. Start comparing. Use this worksheet to get actual cost estimates.

How to Use This Worksheet

1. STEP 1: Call your OB's billing department

Ask: "What is my total out-of-pocket cost for prenatal care, delivery, and postpartum care?"

2. STEP 2: Call your hospital's billing department

Ask: "What will I pay out-of-pocket for an uncomplicated vaginal birth including all facility and nursing fees?"

3. STEP 3: Call the pediatrician your hospital uses

Ask: What do you charge for newborn hospital care?
(St. David's uses Austin Regional Clinic)

4. STEP 4: Fill in the blanks below

5. STEP 5: Compare your real numbers, not just assumptions

PROVIDER COSTS

HOSPITAL / OB

⚠ IMPORTANT:

Your OB can only quote their own fees, and those fees do not include the hospital's. You will need to call the hospital separately for facility costs.

OB Global Fee (if quoted): \$ _____

OR individual components:

Prenatal care: \$ _____

Labor/delivery:
Does NOT include pediatric care \$ _____

Postpartum care:
Typically only 1 visit \$ _____

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One transparent total that includes the following:

- ✓ Routine prenatal care
- ✓ Labor & delivery
- ✓ 3 postpartum visits (not just 1!)
- ✓ Facility fee for mom and baby
- ✓ Birth assistant
- ✓ 6 weeks of comprehensive postpartum care for you and baby

YOUR CUSTOM ESTIMATE:

\$ _____

(We will calculate this for you based on your insurance)

FACILITY COSTS

HOSPITAL STAY (Minimum 2-day stay)

Often totals **\$10,000+** before insurance is applied

Mom's facility fee:	\$ _____	x2	= \$ _____
Baby's nursery fee: <i>even if rooming-in</i>	\$ _____	x2	= \$ _____
Mom's nursing services:	\$ _____	x2	= \$ _____
Baby's nursing care:	\$ _____	x2	= \$ _____

Additional interventions:

Cost varies and depends on additional interventions (epidural, required IVs, etc.)

AABC BIRTH CENTER (< 1-day stay)

Included in estimate above:

- ✓ 1-day facility fee for mom
- ✓ 1-day facility fee for baby (*under \$1,000!*)
- ✓ Birth assistant fee (*no separate nursing staff charges*)
- ✓ Minimal intervention setting

Additional interventions:

See Menu of Additional Services for complete list of add-ons

Transparent pricing.

No hidden fees.

You know your estimated cost before birth.

PEDIATRIC CARE

HOSPITALIST PEDIATRICIAN

Initial newborn exam:	\$ _____
Hepatitis B vaccine: <i>Cost varies</i>	
Daily rounds/visits:	\$ _____
Number of visits:	\$ _____

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Included in estimate above:

- ✓ Initial newborn exam
- ✓ Vitamin K shot
- ✓ 3 well-baby visits (first 6 weeks)

Scheduled with mom's postpartum visits for easy travel during a vulnerable time.

(We are unable to offer vaccines at this time)

* Ultrasounds not included in either estimate for fair comparison

* Hospital costs vary widely by facility and insurance, it is important to verify these estimates directly

* AABC pricing is custom quoted based on your specific insurance plan **subject to change if your insurance plan changes**

* All AABC estimates include transparent pricing with no hidden fees

Transparent pricing. Customized Estimate. Honest care.

Don't Forget: Hospital Surprise Bills

These arrive 6 - 8 weeks after you give birth:

- X Out-of-network anesthesiologist (\$800–\$2,500)
- X Separate pediatrician bills (\$200–\$600)
- X Lab work charged separately (\$300–\$1,000)
- X "Facility fees" beyond daily charges (\$500–\$2,000+)
- X Unplanned interventions, such as C-section, vacuum, etc. (\$1,000–\$10,000+ additional)

Total surprise costs: \$2,800–\$16,000+ beyond your estimate

**At AABC: Full estimated fee with no surprise bills.
You know your full estimated cost before you give birth.**

The Bottom Line

HOSPITAL TOTAL (Provider + Facility + Pediatric):

\$ _____

AABC TOTAL (Provider + Facility + Pediatric):

\$ _____

DIFFERENCE:

\$ _____

- ✓ AABC includes more postpartum care (3 visits vs hospital's 1)
- ✓ AABC includes 6 weeks of pediatric care
- ✓ AABC includes longer visits with your midwife (30-60 minutes of face-to-face time vs 10-15 min with your OB)
- ✓ Custom estimate based on your insurance plan
- ✓ Flexible payment plans available

Ready to Get Your Custom AABC Estimate?

We will verify your insurance and give you a custom quote with no surprises, no hidden fees, just transparent pricing.

 **Call us: AABC North: (512) 346-3224 | AABC South: (512) 243-8066**

 **Book a tour: www.austinabc.com**

*Bring your insurance card to your tour and we will calculate your personalized estimate.
Or upload your insurance information prior to your individual tour and we will have your estimate prepared.*